



Marshwood Youth Lacrosse Registration Information ~ 2010

Marshwood Youth Lacrosse is a private organization not affiliated with MSAD35. While not formally affiliated, we have a close working relationship with both the schools and the local Recreational Departments and have similar goals in enhancing the health and well-being of our children.

TEAMS

In 2010, we expect to have teams playing games in three age groups for boys (2/3/4th grades, 5/6th grades, 7/8th grades) and two age groups for the girls. If there is not sufficient interest to field a team for an age group, we will attempt to realign the age groups; failing this, we will either offer a developmental (no games) program with partial refund, or offer a complete refund.

These plans are all subject to the availability of coaches. We currently need assistant coaches for all levels. Volunteers and team parents are welcome for all teams. If you're interested in learning more about coaching lacrosse, please contact Shawn Benedetto at shawn.benedetto@mpi.com. We have lots of resources to help you learn the game. There will be a coaches clinic for new and returning coaches on 2/12/09 at the MGWS from 6-8pm. If you would like to attend, please email Shawn at the above email address. Please register to play soon so we can accurately determine the level of interest!

REGISTRATION

Registrations will be held on 1/13 6-7:30 at the MMS and 1/27 6-7:30 at the MHS. Due to limited space on some teams, we will begin accepting complete registrations at that time. Registrations can also be mailed in as long as they arrive on, or before, March 5th.

Who is eligible? Due to the shortage of fields and coaches, MYL has to limit our numbers. Eliot/SB gets first priority. We will then accept players from other towns outlined in our current by-laws. Slots will be filled on a first-come, first-served basis, with Eliot/SB players receiving priority through March 5th.

What do I need to bring?

1. Insurance information (company, ID numbers) and Registration Form.
2. Email addresses: We communicate via email and the web site. Please print email addresses neatly. We want all emails: work/home/kids. (www.marshwoodyouthlacrosse.com.)
3. Emergency contact info. (cell phone #) in case a parent can't be reached.
4. Physicians physical form.
5. Check made out to MYL for the registration fees.

REMEMBER: A registration form, completed and signed, a completed and signed US Lacrosse form, and physician form must be submitted with payment to complete your registration.

FEES

2nd-4th Grade Boys: \$90.00 (No Jersey Fee) 5th-8th Grade Boys: \$100.00 (Plus \$30 Jersey Fee)

4th-5th Grade Girls: \$100.00 (No Jersey Fee) 6th-8th Grade Girls: \$100 (Plus \$30 Jersey Fee)

Each team will participate in a tournament, fees will be determined on team size and level of play.

Registration includes \$25 membership to US Lacrosse®, the national governing body of lacrosse. Benefits of membership include insurance coverage, access to US Lacrosse ® programs/events and discounts, free subscription to Lacrosse Magazine, and the right to participate in MYL. You will receive your US Lacrosse ® membership card and materials in the mail.

REFUNDS

If you discover that lacrosse is not for you, a full refund (minus \$25 US Lacrosse Membership Fee) will be given to any player prior to April 30th. After that , no refunds will be given .

Helping MYL:

Like any youth athletic program, MYL can be as good as its members make it. If you are interested in volunteering with the program, please contact one of the board members on our website. If you have time or talent to offer, please let us know; we can't do this without you! This is an all-volunteer organization. We are looking for parents who are willing to learn the game of lacrosse to help coach. We are also looking for people with lacrosse experience. We have materials to assist new coaches including books, on-line training, and clinics. Coaching isn't your only choice. We also need coordinators and help in other areas. Please sign-up to volunteer!

Who pays for the team gear? MYL supplies goals, goalie equipment, balls, etc. The players are responsible for purchasing their own equipment. There are several area stores that have equipment available at a reasonable price. Many of our players have borrowed used equipment from older siblings or friends. **Player Equipment.** With any sport there is an initial cost, however some of the equipment is adjustable and will grow with your child for many years. The cost of equipment will depend on name brand/new or used. Boy's are required to have: stick, helmet, shoulder pads, arm pads, gloves, cup, and a **colored** mouth guard. Girl's are required to have: stick, goggles, and a **colored** mouth guard.

Everyone learns together! Unlike other sports, most kids and parents know little about lacrosse. Most of the kids are playing in the first lacrosse game they have ever seen. Lacrosse combines many of the skills that the kids have learned in other sports such as soccer, field hockey, hockey, and especially basketball. Because of the high level of activity, many players find lacrosse more appealing than the other spring sport alternatives. Parents like it, too, because there's more action and the games run just over an hour.

When do we start? Our season will begin the end of March, beginning of April (depending on field conditions, we may have some gym time). You can expect to practice between an hour and 1 1/2 hours per day, two or three days per week. April vacation practices will be optional and we'll begin in earnest after vacation, with as many as four practices per week for some teams. Games may be scheduled any day of the week. The season runs through the 2nd week of June. Practice times/places may vary as we will work around competing practice and game schedules in other sports. Our season will end with a cook-out for all players both Girls & Boys.

Transportation? Parents are responsible for transportation to/from practice and games (away games may be played in towns from York to Portland. Car pools work well.

For additional information, review our website at: www.marshwoodyouthlacrosse.com.